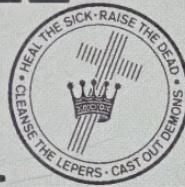


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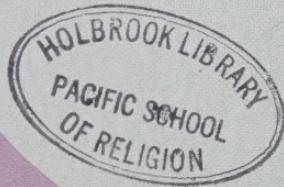


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"What I say unto you I say unto all, WATCH."—Jesus



SUPPLY THAT NEVER FAILS

IS WINNING EVERYTHING?

PRE-TEEN SECTION

1145 Seeing through the mist of physique Arthur Delau
1148 Supply that never fails Fred C. Stedham
1150 Is winning everything? Grant C. Butler
1152 The clear view Beryl D. Stelle
PERSPECTIVE ON THE NEWS
1161 Guestchamber (Poem) Shirley Selby
1162 *Where does the rainbow end? Betty Parrott
1166 *Error has no name Claire Roselius
1168 *A miracle? Andrea Coates Brower

EDITORIALS

1156 Dependence and independence
1159 *Help for hungry children

TESTIMONIES AND NOTICES

1173 *Testimonies of Christian Science Healing

*Of special interest to pre-teens

[Healing experiences in *Sentinel* articles for children as well as adults are carefully verified.]

Founded in 1898 by Mary Baker Eddy,
Author of the Christian Science Textbook,
Science and Health with Key to the Scriptures

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"What I say unto you I say unto all, WATCH." Jesus

Seeing through the mist of physique

ARTHUR DELAU

Let's say you're walking down the street. How do you appraise the first person you see? Do you view him as a mortal? Is he a self-contained, physical being with a personal mind? So he may seem to most of the people passing by. They think of themselves in the same way. Yet this is a limiting view of others and a harmful self-judgment—a view based on the five corporeal senses.

Mary Baker Eddy, who discovered and founded Christian Science, challenges the world's material view of man with this statement: "The true idea of man, as the reflection of the invisible God, is as incomprehensible to the limited senses as is man's infinite Principle."¹

A physical scientist's view of mankind focuses on a material body and relates the composition and energy of one's being to molecular activity and cellular reproduction. Physical research,

however, is still struggling to provide humanity with freedom from sickness and deterioration. Instead of assuming energy to be physical and looking for smaller and smaller subatomic particles, the searcher should consider man and substance as existing in a dimension that cannot be found by human sight or touch or analysis. The inquirer might well consider the standard of man and substance presented by the Scriptures and made scientifically practical in Christian Science through the healing of sickness. This standard starts with Spirit, with God, who is the true source of all life and substance. Paul speaks of God as "one God and Father of all, who is above all, and through all, and in you all."²

Christian Science redirects human thought from a physical base to a spiritual foundation. It relates all creation to the one Father, Spirit, and shows that physical force is a counterfeit, a simulation of spiritual power; that matter is a false representation of substance. Christ Jesus thought of substance this way: "It is the spirit that quickeneth; the flesh profiteth nothing."³

With the acknowledgment of God and His spiritual force as all, we can understand and progressively prove Mrs. Eddy's clarifying words: "Atomic action is Mind, not matter. It is neither the energy of matter, the result of organization, nor the outcome of life infused into matter: it is infinite Spirit, Truth, Life, defiant of error or matter."⁴

Matter is no part of the real man or of God. It is not self-existent. Matter is a state of consciousness, the human thought of substance, a limited and false perspective.

One time I witnessed the healing of an ulcerated foot. A boy had cut his heel. Christian Science treatment was given, and there was quick improvement. We saw renewal of flesh within a few days, and during this period of prayer there was no restriction of the youth's activity. Fear was eliminated through the perception of man's whole, God-given being. A material, vulnerable sense of substance was replaced by a spiritual concept. Thought was elevated above the belief of personal, fleshly substance. The exclusive presence and might of divine Spirit was realized, and there was a healing.

The perception of substance as divine brings us into harmony

with the Principle of the universe. The presence of this divine Principle then pervades our thought. Material concepts give way to the source of all true law and activity, and healing results.

We can improve our health by improving our consciousness—by spiritualizing it. Accepting the presence and influence of divine Mind, we progressively find God controlling our consciousness, and therefore our body. We come to see that we're actually spiritual reflections of God, of the one Mind. Mrs. Eddy writes, "The body is governed by mind; and mortal mind must be improved, before the body is renewed and harmonious,—since the physique is simply thought made manifest."⁵

Our view of being is purified through the awareness that there are not two types of man nor two kinds of substance. The physical concept of either is a misconception. Instead of seeing a physical body as man, even temporarily, the Christian Scientist knows that man in his true identity is now Godlike, the outcome of Spirit. We need to progressively perceive that physique is a hypnotic illusion, a human, ignorant, dreamlike concept.

The proving of the fact of spiritual being calls for a radical departure from material viewpoints, a virtual resurrection from the personal corporeal senses. We must constantly turn to the continuous source of creation, to Spirit. When we really see man, we know him as the expression of God, as the spiritual evidence of God's reality.

¹ *Science and Health with Key to the Scriptures*, p. 337; ² Eph. 4:6; ³ John 6:63; ⁴ *Miscellaneous Writings*, p. 190; ⁵ *ibid.*, p. 34.

*Fear not thou, O my servant Jacob,
and be not dismayed, O Israel:
for, behold, I will save thee from afar off,
and thy seed from the land of their captivity;
and Jacob shall return, and be in rest and at ease,
and none shall make him afraid.*

Jeremiah 46:27

Supply that never fails

FRED C. STEDHAM —

A special feature of the hills and downs of southern England was once the dew pond that supplied water for the sheep. The poet Rudyard Kipling wrote:

We have no waters to delight
Our broad and brookless vales—
Only the dewpond on the height
Unfed, that never fails.

Where cattle water was necessary, the farmer would make a saucer-shaped excavation, several feet in diameter, in the hilly pastureland. After covering it with a layer of straw as a form of insulation, he then overlaid it with a smooth, hard surface of clay. At night this cold surface would condense the dew and so form a shallow pool.

Drawing a lesson from this, we can deduce that divine Love's infinite supply is always naturally at hand to bless. But let us remember, also, that even as no dew could collect unless the surface of the clay was correctly laid, so we must prepare the quality of our thought for the reception of good.

Do we sometimes feel that the source of our income is drying out in the drought of world conditions, when inflation threatens to make a drastic change in our mode of living? Then let us see if our consciousness is ready for receiving.

In *Science and Health* Mrs. Eddy asks, "Are we really grateful for the good already received?"¹ Gratitude is a great conditioner, showing that we acknowledge God as the source of our supply. The truth is that God, divine Love, will never cease giving, and therefore His reflection, man, can never cease receiving. Christian Science assures us we prove this as we are meek and receptive.

Christ Jesus was always conscious of the abundant giving of divine Mind, infinite Love, and so could produce bread and fishes to feed a multitude—and even money to pay taxes from a fish's mouth. And he performed these miracles without strain or stress, confident of God's ever-present supply.

Just as dew will not settle on a windy, turbulent night, our consciousness must have the quiet assurance that good is unfolding.

An important Bible narrative showing God's provision for His children is the account of the appearing in the wilderness of manna, which was to give daily sustenance to the Israelites over a period of years. We read: "When the dew that lay was gone up, behold, upon the face of the wilderness there lay a small round thing And Moses said unto them, This is the bread which the Lord hath given you to eat. . . . And the children of Israel did eat manna forty years, until they came to a land inhabited."²

In this instance obedience was of prime importance—obedience to the instruction Moses had received from God. The Israelites were to gather only one omer per member of the family—there was to be no hoarding, for they must acknowledge the infinite nature and continuity of the divine source. Each morning they were to gather only what they would require for that one day. If they rebelled against these instructions, they found they were the losers, because the extra they had gathered spoiled before it could be eaten. Significantly, also, to enable them to comply with the sabbath day of rest, the double portion gathered on the day previous to the sabbath remained fresh.

How graciously the prophet Hosea expresses God's providing: "I will be as the dew unto Israel."³ The dew pond of our consciousness needs only careful tending and gentle enlarging to receive abundantly of Love's infinite supply.

¹ *Science and Health*, p. 3; ² Ex. 16:14, 15, 35; ³ Hos. 14:5.

Is winning everything?

GRANT C. BUTLER

Many sports-minded enthusiasts would answer yes to this question. A noted baseball manager once said, "Nice guys finish last." And more recently a prominent football coach stated: "Winning is not everything. It is the only thing."

Today, more people than ever before are watching and competing in sports. With this tremendous interest, as well as increasing rewards for both the professional and the amateur athlete, winning needs to be put in its proper perspective, and Christian Science can help.

Christian Scientists who compete in recreational or highly organized team sports have an obligation to learn the importance of expressing the qualities of God. By recognizing the perfection and order of God and man, the participant can exercise grace and balance. He can draw on spiritual direction through prayer to improve his performance.

Since Mind, God, is the source of all intelligence, as reflections of this Mind we cannot lack the needed mental acumen. And since Mind is also the source of all action, we cannot lack strength and agility.

Certainly the desire to win, to excel in any sport, is a natural inclination. But for the spiritual thinker who recognizes that no one has a monopoly on God's qualities, the unhealthy desire to win at any cost, or the tendency to be crestfallen in defeat, does not predominate. Others can exercise God's qualities, and we can appreciate their accomplishments. We can know that the good we achieve is never at the expense of others, nor can the victories of others deprive us of rewards that are rightly ours.

Whether we're swinging a golf club, tennis racket, or baseball bat, whether we're swimming, bowling, skiing, or skating, we can know that here is the expression of Mind's activity. Strength, for instance, is not dependent upon a material body,

small or large. It is a quality of God, and therefore unlimited. It is spiritual, and man's expression of strength is a divine right, because man is the image of the only power, God.

Approaching competition from a spiritual perspective, by learning the importance of expressing the qualities of God, can be rewarding. This may not mean more victories, but it can certainly bring much-needed lessons—even in defeat.

A young businessman, a Christian Scientist, was competing in the finals of his first important golf tournament. He was playing a far more experienced golfer, who had taken every opportunity to try to upset him. As they came to the final hole of the match, all tied, the young man noticed that his opponent was going to hit the wrong ball, an automatic two-stroke penalty, which would decide the tournament. Considering the actions of his opponent during the match, he reasoned, perhaps this would be moral retribution.

But as he stood there he remembered the words of the master Christian, Christ Jesus, "Whatsoever ye would that men should do to you, do ye even so to them."¹ Certainly Jesus would never have considered an unfair act, and as a follower of Jesus, neither could he. The Scientist spoke up, and his opponent, after a moment of astonishment, hit the right ball, made a magnificent shot, and won the match.

As the two men relaxed in the clubhouse following the match, the winner expressed appreciation to his less experienced opponent for his remarkable sportsmanship. In the years that followed, the two men became good friends, and the man who won played a significant role in helping his friend become a success in his profession.

Is winning everything? Not when we understand what spiritual activity is. Mrs. Eddy makes an important point when she writes: "A wrong motive involves defeat. In the Science of Mind-healing, it is imperative to be honest, for victory rests on the side of immutable right."² Victory can mean a lot more than winning a game.

¹ Matt. 7:12; ² *Science and Health*, p. 446.

The clear view

BERYL D. STELLE

One day as I was looking out the window of my tenth-floor office, I was aware of a slow-moving cloud obscuring the clear view. Buildings and trees disappeared as the cloud moved from north to south. Even an entire twenty-story building was blotted out.

Similarly, the cloud of physical sense—which presents the world and its inhabitants as material, with sickness and imperfection shouting at everyone from every direction—claims to blot God completely out of the picture. But this is an impossibility. God is All—all Mind, Spirit, Life, Love—we learn in Christian Science. His goodness is reflected every moment as the substance of everything real. Through prayer we can remove the cloud of material sense that attempts to hide this truth of being. We can work constantly on this and maintain a clear view of God's spiritual man and universe.

God is constantly imparting this view to us—the perception that there is but one creator, Spirit, sending forth only good; that man and the universe, being spiritual, are sustained by the power of divine Love. The understanding that we are God's children disperses the cloud of materiality with all its fears and troubles.

Mrs. Eddy explains: "In divine Science, man is the true image of God. The divine nature was best expressed in Christ Jesus, who threw upon mortals the truer reflection of God and lifted their lives higher than their poor thought-models would allow,—thoughts which presented man as fallen, sick, sinning, and dying. The Christlike understanding of scientific being and divine healing includes a perfect Principle and idea,—perfect God and perfect man,—as the basis of thought and demonstration."¹

Some time ago I learned a lesson in viewing people rightly. I was doing volunteer work at a crowded gathering, and hundreds

of people were walking past the area where I was stationed. During my first few minutes at this post I realized I was analyzing everyone who passed by, critically passing judgment on the physical condition of each according to the evidence of the senses.

Awakening from this, I began to realize that each individual was infinitely more than outlined matter. As I stopped viewing each one materially, I was reminded that Spirit includes and governs all, and the clear view that man is God's perfect child appeared.

Then a wonderful thing happened. I discovered the loving, happy atmosphere that always pervades God's universe. Smiles and nods were exchanged. I realized the people had not changed—only my view of them had. Now I was knowing them as God's children. What a cheering thing it is to look through the mortal mist and see God reflected in everyone and everything!

Christ Jesus healed people of sickness and character faults and gloom because he beheld God's perfect image. He understood that the Father not only creates good alone but sustains this good. In John we read this message the Master left for us: "All mine are thine [God's], and thine are mine; and I am glorified in them."²

Is clouded thinking obscuring your clear view? Let Truth disperse the clouds. See God's man and universe perfect and intact forever!

¹ *Science and Health*, p. 259; ² John 17:10.

*When he, the Spirit of truth, is come,
he will guide you into all truth:
for he shall not speak of himself;
but whatsoever he shall hear,
that shall he speak:
and he will shew you things to come.*

John 16:13

PERSPECTIVE ON THE NEWS

Responsibility Where, ultimately, are we placing it?

The recent aircraft accident in Chicago has raised a question of responsibility. And the aftermath of the accident at the nuclear power plant in Pennsylvania, not so long ago, enforces the same lesson. Clearly, perplexing factors enter when governments and corporations carry heavy responsibility for public safety. Sometimes huge sums of money are at stake and are a factor in assessing the degree of security and responsible control the public can expect.

Therefore, should we be attributing to the actions of governments and corporations—and even to the machinery of aircraft—ultimate responsibility for our welfare? The basic question is a metaphysical one. Christian metaphysics explains the divine nature of such fundamental concepts as life, man, and law. This, in the final analysis, is the only responsible premise from which we can reason. The more we apprehend that God is the only Mind, that God is intelligence, the less inclined we are—and the less we feel the need—to trust our well-being unquestioningly to material agencies, be those agencies government departments or corporations. Through metaphysical understanding we can be more responsible for our own safety and overall welfare. That we should want to be so is a natural consequence of spiritual growth.

Our increasing emphasis on individual spiritual growth as the basis for demonstrating the government and substance of God does not lessen the obligations resting on agencies humanly responsible for conducting with integrity the complex affairs of a modern society. In fact, our discernment of each individual's right and power to be God-governed will support more effective action on the part of these corporate and collective agencies.

Man, the idea of immortal Mind, is never outside Mind's government. Knowing this, we will progressively find ourselves less subject to the consequences of deficient responsibility, either individual or collective. Man is always God's "responsibility," and God carries out His care for His man and His universe infallibly. The Bible advises: "Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: casting all your care upon him; for he careth for you."¹

Merely to place blame for accidents on the maladministration of governments or corporations doesn't go far toward ultimate solution. But to reason metaphysically—from the allness of Spirit—means to draw on an intelligence beyond the limitations and fallibilities of the human mind. The divine Mind is infallible. "The one Mind, God, contains no mortal opinions," Mrs. Eddy says categorically. "All that is real is included in this immortal Mind."² Man—the real self of each of us, everywhere and at all times—is the expression of immortal Mind. From accepting this fact we can derive the understanding to prove increasingly God's unfailing control and care of every detail of His universe. The Christianly scientific thinker, then, has the unique and practical basis for approaching the question of responsibility. But knowing *about* the metaphysical approach is not enough; we must consistently realize and apply what Christian Science is showing us of our true being. Our responsibility to God is in living the demonstrable truth. This is a moment-by-moment responsibility if we are to add to the spiritual development of mankind.

People are not finally subject to material conditions—to the machinery of government and business, or to the literal machinery constituting an aircraft. Yielding our mental processes to the divine consciousness, the one genuine and infallible Mind, we begin to prove this. And not for ourselves alone but for society at large.

¹ I Pet. 5:6, 7; ² *Science and Health*, p. 399.

Editorials



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NAOMI PRICE
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Dependence and independence

Independence has a popular and positive flavor. People often strive for the freedom and release it implies. And they often find negative implications in feelings of dependence—they shrink from too heavy a reliance on people and things.

There is a valid blend for these two concepts when they come from an understanding of our true relationship with God. We should feel a deep and continuing dependence on things of Spirit. And we ought to develop a growing independence from things of matter.

We may take a nostalgic look at the past and think wistfully of the days when rugged individualism and a strong sense of independence perhaps more often impelled people. Certainly there were periods in history when this kind of attitude was prominent. In the early years of the founding of the United States, for instance, there was a very appealing spirit—a new land, new frontiers to conquer. It seemed so typical for people to rely unabashedly on God, and this attitude contributed to a strong sense of independence.

To some extent they were free from the kind of materialistic pressures people today feel. There was an individual breaking down of barriers as they set out to master new territories. They exercised an inner strength that often gave them a sense of independence, a feeling of dominion—sometimes even over sickness. In the Christian Science textbook Mary Baker Eddy writes of earlier days: "If a random thought, calling itself dyspepsia, had tried to tyrannize over our forefathers, it would have been routed by their independence and industry. Then people had

less time for selfishness, coddling, and sickly after-dinner talk.”¹ Were those the good old days?

Some would say that society today has slipped into its own kind of selfishness, overindulgence, and sickly talk and thought. Has an emphasis on materialism grown to the point that our invigorating characteristic of independence has eroded? And would a deeper appreciation of true independence rout excessive materialism?

An independence from God—at least, efforts in that direction—leads inevitably to various forms of dependence. This can take the form of an increased reliance on government to care for us and growing government regulation of our lives. Or we may see it as a thickening dependence on pleasure seeking—a search for satisfaction. Other times this tendency toward dependence appears in the form of greater reliance on personality—an intensified turning to people to make our lives more complete. When people become too dependent on the broad avenues of materialism, including a reliance on each other, there is eventually a swing in the other direction—an attempt to regain their independence. And certainly there is evidence of growing effort in this direction. A recognition of the need for greater freedom is increasing. Some would like to turn back the clock to simpler and earlier days of stronger self-reliance.

The problem people too often slip into when they want to escape accumulating dependence is that they turn, not to Spirit—the only real source of independence—but to new and different forms of materialism. Drugs or various forms of occult meditation are efforts to find new independence. But they always lead to deeper dependence on matter. True liberty from the limitations of materialism can be found only by letting the Christ, the true idea of God, lead us into deeper spirituality. Freedom can never be found by switching from one kind of materiality to another. It certainly can't be found through dreams of returning to the past. “Our reliance upon material things must be transferred to a perception of and dependence on spiritual things,”² insists Mrs. Eddy.

What people are really looking for in the way of independence can be found right now. It is discovered in the unrestricted

realm of Spirit. And it will never be found elsewhere. Only through Spirit will the substance of independence be recognized, because only Spirit is boundless and unrestricted. And that's actually what we yearn for. Freedom from bounds and restrictions. Any avenue taken toward self-sufficiency, other than Spirit, will always include a measure of reliance on materiality; and sooner or later we'll begin to feel squeezed, and we'll be off again in search of more freedom.

It's not too realistic—at least for the majority of society—to live where they can return to those pioneer days when a less intense form of materialism gave breath to a certain type of independence. But there is today a pioneering that develops a rugged, spiritual kind of individualism and an accompanying freedom from materialism. It leads to a deep dependence on God. The new regions waiting to catch our vision are not land or ocean or even space. They are mental frontiers. This is always virgin wilderness. This is mankind's relatively unexplored territory. This new land is not an exploration of material mentality but of the boundless realm of Spirit, Mind.

There alone will we find independence—by yielding to full dependence on the infinite. Dependence on anything less carries with it the seeds of limitation. Unrestricted Mind offers the pioneer of today this wide wilderness, unspoiled by mortal mentality.

The adventure into this new land can be impelled with the same spirit infusing Moses' command to the children of Israel, "Behold, I have set the land before you: go in and possess the land which the Lord sware unto your fathers."³ As we begin to enter the land of spirituality, we experience deeply refreshing independence—freedom that establishes true respect and dignity for the individual. Here we find sovereignty over every mortal limitation. Here we yield full dependence to Spirit's supremacy. And this opens up unlimited horizons and endless explorations.

NATHAN A. TALBOT

¹ *Science and Health with Key to the Scriptures*, p. 175; ² *Retrospection and Introspection*, p. 28;
³ Deut. 1:8.

Help for hungry children

"My family won't eat them if they're broken," explained the young mother in the elevator. She was holding a packet of potato chips very carefully, so it would not be crushed. The boy and girl standing with her nodded their heads in agreement.

But another passenger in the elevator was sad. She wished these young people and their mother could know of the report she'd just been reading about starving children in a particular third-world country. Those youngsters—thousands of them—have no families to love them, no place to live, hardly any clothes, no food except what they can scrounge in the back alleys. How grateful they would be even for a few crumbs.

Throughout the world, especially in the developing countries of Asia, Africa, and South America, there are known to be millions of hungry children. What can be done to help them? It is not very practical for more fortunate people to send them packets of potato chips or any other food they may buy for themselves at the supermarket. Of course money could be sent to one of the welfare organizations that take care of people in need. That would help to provide something for a child to eat for a day, a month, or a year, according to the size of the donation. But whatever individuals send seems so little among so many, and, in any case, material food is not all that people require. They need to feel love and joy, peace, comfort, and fulfillment, and to have the opportunity to bless other people by expressing these qualities of God. Without these spiritual feelings—even if they have plenty of food to eat—they will feel empty and unhappy.

Can people help to supply these necessary spiritual qualities of thought? No mortal can provide them; but by recognizing

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through prayer that God is the source of all good gifts, as the Bible tell us, and that He gives these spiritual gifts in abundance to His children, we are able to help those in need to awake to the presence of the divine gifts and be relieved of lack and hunger.

When the devil tempted him to turn stones into food, Christ Jesus quoted the saying of Moses, "Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God."¹ And Christian Science shows that God is continually pouring out spiritually comforting ideas to His creation. It explains that if people hear God's Word—the Word of spiritual truth, which tells of His love for every one of His children—and feel the power of His limitless love in their own lives, they will always have all their needs met abundantly. They will have all they need every day—both spiritually and physically.

According to divine Science, the Word of God, man is God's idea, the child of His continuous care. All children, men, and women can know God as their loving Father and Mother. They can know they are not alone, unprotected, unfed, uncared for, but that they are, in truth, always at home in divine Mind. They can be happily aware that they are the precious objects of God's love; that He makes them perfect and keeps them perfect in His likeness. They can feel as confident as the Psalmist did when he joyfully sang in what we now know as the twenty-third Psalm, "The Lord is my shepherd; I shall not want."² And when they do, wonderful things begin to take place humanly. Lack gives place to sufficiency, starved affections to a feeling of comfort and love.

What we think determines what we experience humanly—even to the extent of affecting our physical state of health. As Mrs. Eddy says in *Science and Health*, "Mortals develop their own bodies or make them sick, according as they influence them through mortal mind."³

If we want to help others—children or adults, at home or abroad—who may be suffering from spiritual or physical malnutrition, the most effective, permanent aid consists of assisting them to get a clearer concept of the love of God for them and for all mankind. And we can do this through prayer, even if the people we pray for are thousands of miles away.

Scientific prayer that affirms God's fatherhood and His care for all His children—that knows Him as infinite divine Love, the eternal provider of all good, and the life-giving, health-sustaining power that maintains every individual object in creation—can be relied upon to help meet the need of deprived adults and children anywhere in the world.

Mrs. Eddy once wrote, "Three times a day, I retire to seek the divine blessing on the sick and sorrowing, with my face toward the Jerusalem of Love and Truth, in silent prayer to the Father which 'seeth in secret,' and with childlike confidence that He will reward 'openly.'"⁴ We could do much to erase the sufferings of those who are now so pitifully deprived if we consistently followed her example and even once a day devoted a few moments to prayerful seeking of the divine blessing on the distressed children of the world.

NAOMI PRICE

¹ Matt. 4:4; ² Ps. 23:1; ³ *Science and Health*, p. 199; ⁴ *Miscellaneous Writings*, p. 133.

Guestchamber

Through door of sanctuaried thought
there's room enough for all
that's good. The welcome merely
sifts away what Love would call
unworthy. Truth hosts the ready
mind and waits to entertain
the chosen guests who clearly
measure to the test and so remain.

Christ-sentined
and safe, the dweller bids them come
within to share his hallowed home.

SHIRLEY SELBY



Where

When you were very small, did you ever long to find your way to where the rainbow ends? I did—but it always seemed to end over the other side of the valley or far away on the horizon. The very first holiday pantomime I was taken to was called “Where the Rainbow Ends.” In the play there was a wicked green-eyed witch who tried to stop the children from getting to the end of the rainbow and finding the hidden treasure. She scared me so much I spent the next half hour outside, talking to a nice program lady—and I never did learn how to get there!

Years later, in my teens, I spent a night in a mountain hut high up in the Austrian Alps. We set out roped together long before dawn because we had to reach the summit and cross a glacier on the way down before the sun’s heat made the descent too risky. The first rays of the sun reached us through the early mist as we climbed up the snowy peak. The valleys way down below were still in darkness, stuffed full of cotton-wool clouds. Suddenly beneath us there appeared something beautiful—something I had never seen before—a great circle of light, all colors of the rainbow. My companions explained it was due to the refraction of the sun’s rays on the water droplets in the misty clouds. I took it to be just another of those wonderful mountain-top experiences and treasured it—but gave it no more serious thought until some years later when I was teaching a class

Does the rainbow end?

Betty Parrott

of twelve-year-olds in a Christian Science Sunday School in London.

The class were unusually quiet. The day before there had been a bad accident in their part of the city involving many children. For several of the class it had been their first awareness of death. As I prayed to God to give us what we needed to understand, I saw again that circle of rainbow light and thought of God's covenant with Noah after the great flood. We looked it up. The Bible records God as telling Noah: "I do set my bow in the cloud, and it shall be for a token of a covenant between me and the earth. And it shall come to pass, when I bring a cloud over the earth, that the bow shall be seen in the cloud: and I will remember my covenant, which is between me and you and every living creature of all flesh; and the waters shall no more become a flood to destroy all flesh."¹ As we talked about it we realized that the rainbow—that comforting symbol of God's care—isn't really just a bow at all. It only looks like a bow or semicircle if you're down in the valley or on the plain. If you're high enough up a mountain, way up above the clouds, then you see it as it really is—a complete circle of all the colors of light, the unbroken refraction of the whole white radiance of the sun. What a comforting reminder it was of life without beginning or end.

We paused to consider the wonder of God's creation, forever

unfolding, and first one then another joined in. "So, those children only seem to have been born and died, like little rainbows beginning and ending," concluded one of the class. "It's only when you look at life from ground level that you believe life is material."

"But," added another, "if we go up into the mountains in thought, rise in spirit the way Jesus did, then we begin to see that life is spiritual—no beginning, no ending."

And one of them concluded happily, "We can help by understanding that the children are still God's ideas, still expressing the light of His love."

We went on to talk about Christ Jesus—how he never forgot that before Mary and Joseph knew him he had always been God's living idea and he always would be even when they no longer saw him humanly. Because of this insight he had been able to awaken Jairus's twelve-year-old daughter from the dream that she had lived apart from God in matter and could be made to die out of it. He had also restored a young man to his mother, a widow, when they were about to bury his body. He had even roused Lazarus after he had been shut up in a tomb for four days. But not for a moment during that time had Jesus thought of Lazarus as dead—just sleeping, dreaming.

Finally Jesus had been ready to allow men to kill his body in their attempt to destroy the good news he had brought—that man is a spiritual idea, God's child. But he allowed it only to

show them through his resurrection out of the grave that this was not possible. His unselfish love for mankind enabled him to prove life eternal by reappearing to his disciples humanly, so as to rouse them and uplift their faith. They might not yet be far enough up the mountain of spiritual understanding to retain this vision of eternal Life, and to prove it fully, as Jesus had done. Yet his willingness to go through this experience for the sake of others had enabled them, as it has enabled us, to make a start.

Mrs. Eddy, who reached such heights of spiritual understanding that she could give us the Science of Jesus' teachings and lifework, writes, "One moment of divine consciousness, or the spiritual understanding of Life and Love, is a foretaste of eternity."² She goes on to assure us that when we gain and keep this vision, the dream of death can no longer feel real to us.

By the end of our Sunday School class that day we felt we understood much better the fifth tenet each one would sign when he or she enrolled as a member of The Mother Church: "We acknowledge that the crucifixion of Jesus and his resurrection served to uplift faith to understand eternal Life, even the allness of Soul, Spirit, and the nothingness of matter."³

We felt too we had at last found the treasure hidden "where the rainbow ends." Where does the rainbow end? It doesn't!

¹ Gen. 9:13-15; ² *Science and Health*, p. 598; ³ *Manual of The Mother Church*, p. 16.

Error has no name

Claire Roselius

[Original in German]



When Michael came home from school one day, he said the teacher had talked that day about injuries from falling. He added how happy he was to think how he had once been healed of just such a difficulty through Christian Science.

It happened like this.

Michael was bicycling with his father, brother, and sister out to an Autobahn construction site to look at the huge machinery and dump trucks. Suddenly Michael's front wheel hit a hard, encrusted rut and he fell. Since he was able to pick himself up and go on as though nothing had happened, his father, brother, and sister hardly noticed the incident. But Michael became quieter and quieter and felt miserable. All his joy in the outing and his interest in the machinery disappeared. It was a relief to get home.

His mother knew nothing of the accident and sent Michael, as usual, to the farmer's to fetch milk. He went, but when he came back, he didn't remember where he'd been and what he'd done. At supper everyone was talking about the outing except Michael. He just sat there silently. Apparently he couldn't remember having seen anything.

Now Michael's parents began to be concerned, and his father recalled the incident with the bicycle. At this point he turned to God for help, and a sentence from *Science and Health* by Mrs. Eddy occurred to him. He had read it in the Bible Lesson¹ for that week. "The blood, heart, lungs, brain, etc., have nothing to do with Life, God. Every function of the real man is governed by the divine Mind."² He gratefully thought and thought about what that statement meant.

Later, when Michael went to bed, he seemed not to know where he was. His mother right away started courageously opposing the belief that he could be hurt. She knew that God protects His child at all times, and that no physical picture can change this truth. How could God's child, the wholly spiritual image of Love, ever be stunned? He is always healthy, joyous, and conscious of good. Christ Jesus proved this when he restored the mentally ill to sanity.

She, too, reached for that week's Bible Lesson, as if for a life-saver, and read the following passage from *Science and Health*:

"There is no involuntary action. The divine Mind includes all action and volition, and man in Science is governed by this Mind."³ She prayed until she felt completely sure of this truth, at peace in the conviction that all true existence is governed only by God. A deep stillness lay over the whole house. The error had no chance; no one discussed it; no one gave it a name. The rest of the family knew that nothing can disturb the infinite harmony of Love. Filled with this trust, they all went to sleep.

The next morning they met Michael, happy and alert, at the breakfast table. He could think clearly and was ready to go to school. Today Michael knows the healing power of prayer. There's a hymn in the *Christian Science Hymnal* that reads:

Come unto me, ye wanderers,
And I will give you light.
O loving words of Jesus,
Which come to cheer the night.⁴

When we stay in the light of God's love expressed to us through the Christ, our thinking is clear and free; there is no evil clouding it.

¹ In the *Christian Science Quarterly*; ² *Science and Health*, p. 151; ³ *ibid.*, p. 187; ⁴ *Hymnal*, No. 43.

A miracle?

Andrea Coates Brower

"That's a miracle!" Jennifer exclaimed.

She had been studying the Lesson-Sermon,¹ which included a story found in II Kings in the Bible.

The story relates how a group of prophets led by Elisha were clearing an area of trees, so that they could settle down there. As one man was felling a trunk, the head of his ax flew off into the water. In dismay he called to Elisha, "Alas, master! for it was borrowed."

Elisha asked where it had fallen, and after he had been shown, "he cut down a stick, and cast it in thither; and the iron did swim."² Elisha then asked the man to take the ax head, and he did.

Jennifer wasn't sure she believed the story. In fact, it had struck her as being rather funny, and she thought it was nonsense. "Nobody could find something that quickly, especially after it had fallen in the water," she thought.

"Let's look at what Mrs. Eddy says about miracles," her mother suggested. They both turned to the Glossary in *Science and Health* and found the word "miracle," which Mrs. Eddy defines as "that which is divinely natural, but must be learned humanly; a phenomenon of Science."³

Jennifer began to see that a miracle was not supernatural nor an extraordinary event. It was natural to God. A miracle would be a normal event that followed the understanding of God. Actually, a miracle was the fulfillment of God's law. This law had to be not only understood in thought but expressed outwardly in human terms.

That next week Jennifer shared what she had learned about miracles with her Christian Science Sunday School class. The students in the class discussed the Bible story about the retrieved ax and talked about God's ever-presence. Soon each student understood the reason why Elisha could get the ax back when he needed to. If God, good, is everywhere, there is no lack or loss anywhere. Part of Mrs. Eddy's answer to the question "What is man?" in *Science and Health* is, "He is the compound idea of God, including all right ideas . . ."⁴ Then he is never incomplete, never lacking, and when we understand this fact, the class saw, we can prove it in everyday life.

Summer came, and Jennifer was enrolled in camp. One day the girls in her cabin planned an all-day boat trip down a nearby river. Several boats were needed to accommodate everyone. Jennifer was put in charge of one boat, and after her crew settled in she began rowing toward the sandy bank several miles downstream, which would be their campsite at the end of the day.

It was a superb morning. White clouds dotted the blue sky.



The sun shone brightly overhead and glinted on the ripples of the water.

As Jennifer finished her turn rowing, she carefully switched places with another friend at the back of the boat.

"Ahh," Jennifer sighed, as she relaxed and dipped her feet over the rim into the cool water. As she did, one of her tennis shoes fell off. Jennifer felt terrible.

"Oh, no!" she shouted. That was a favorite pair of shoes. She had bought them with her own money she'd saved before going to camp. And besides that, she didn't have any other shoes to replace them when she went back to her cabin.

The boat continued downstream, and the current rushed swiftly by. Jennifer silently declared that God was everywhere and that nothing could be lost. The shoe was rightfully hers, and she needed it. Certainly God would supply her need by restoring it. She knew God's love was always near and that she didn't have to be afraid or worried.

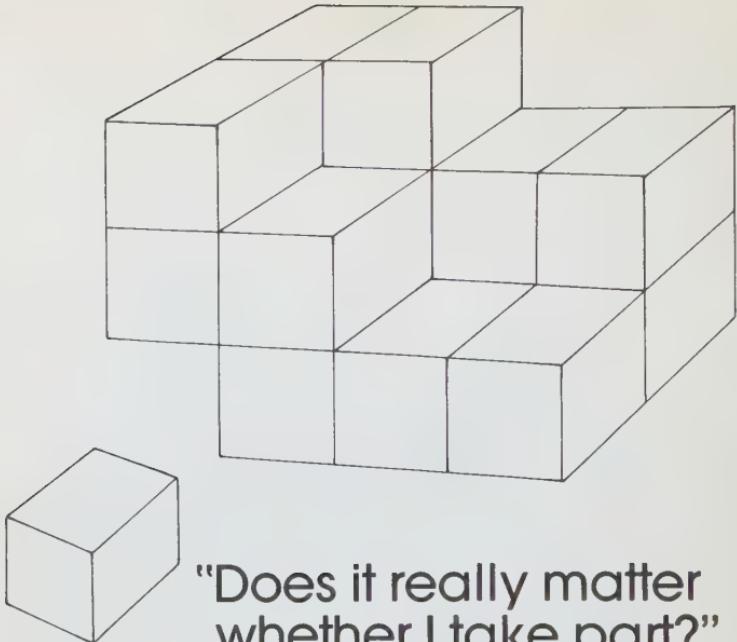
Even though the boat had continued down the river several yards from where the shoe had dropped, Jennifer felt impelled to put her hand down deep into the rushing water. Something hit her arm. She caught it and pulled it up out of the water.

"It's my shoe!" she yelled.

"That's a miracle!" her friend shouted.

"In a way it is," Jennifer thought as she exclaimed, "That was God's goodness!" Jennifer was very happy and rejoiced silently in God's love. She understood better what Mrs. Eddy means when she says, "Miracles are no infraction of God's laws; on the contrary, they fulfil His laws; for they are the signs following Christianity, whereby matter is proven powerless and subordinate to Mind."⁵ Christ Jesus proved God's laws again and again, not to show he was someone special but to show us we can do the same.

¹ In the *Christian Science Quarterly*; ² II Kings 6:5, 6; ³ *Science and Health*, p. 591; ⁴ *ibid.*, p. 475; ⁵ *Miscellaneous Writings*, p. 29.



"Does it really matter whether I take part?"

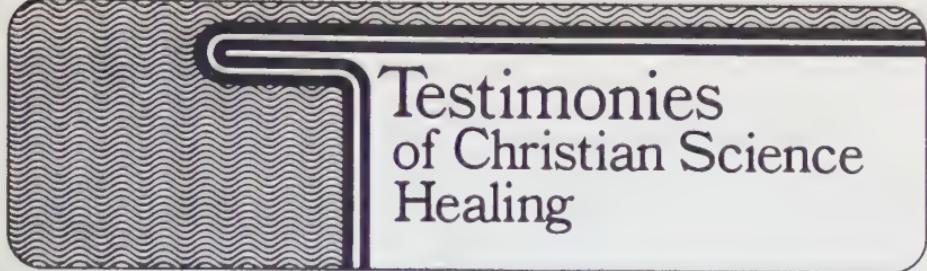
In the truest sense, the world can't go anywhere without you. Everything you say and do, or don't say and don't do, counts.

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Clerk of The Mother Church
The First Church of Christ, Scientist
Christian Science Center, Boston, MA, U.S.A. 02115



Testimonies of Christian Science Healing

As a mother living in a time when the concept of family is being challenged, I consider it a privilege to prove daily that "home is the dearest spot on earth, and it should be the centre, though not the boundary, of the affections" (*Science and Health with Key to the Scriptures* by Mary Baker Eddy, p. 58).

At birth our eldest daughter had a small piece of superfluous skin attached to her chin. A hospital nurse predicted it would fall off in time. However, over a period of time it grew. I had prayed for inspiration on the subjects of *grow*, *growth*, *child*, and *purity*. But when our daughter brought home a self-portrait from preschool that depicted the growth the size of a golf ball, I questioned what mistaken mortal belief needed to be destroyed.

Suddenly the memory of the nurse's prediction that it would eventually fall off flashed before me. I realized that I had been waiting for medical prediction to resolve the problem. While I would never have turned to medical means for healing, I had unwittingly accepted the belief that somehow time heals. Shortly after this the growth fell off, and that was the end of it. As a bonus, accompanying this healing was a lovely change in our daughter's disposition.

One son was born with bowlegs. The doctor who delivered him recommended that when our son was old enough to walk he be fitted with special shoes. The doctor suggested that in the meantime I exercise the baby's feet each time I changed him. Instead, I exercised the child's right to manifest his true spiritual

The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.

perfection by praying for him every time I changed him. By the time our son was standing, I realized it had been many months since I had noticed the condition of his feet. The complete healing had occurred naturally and unnoticed.

Of the many healings our family has had, perhaps the dearest is the healing of our eldest son. By the time he entered school, it was obvious he had an attitude that was aggressive to the point of violence. This presented a problem for his teachers and classmates and was affecting his schoolwork.

For us it was a severe mental struggle that brought us from wondering how this was happening to our child to the point of completely trusting God to take care of His child. At first our son refused to acknowledge any responsibility for his actions. Mrs. Eddy says (*Science and Health*, p. 461): "If you commit a crime, should you acknowledge to yourself that you are a criminal? Yes." The entire paragraph that contains this sentence was most helpful in showing the difference between handling the beliefs of sin and those of sickness.

Through persistent prayer we reached the conviction that aggressive behavior was no part of the boy's real being. Through daily reasoning with the youngster, we endeavored to help him reach the same conviction. We explained in terms a child could understand that mortal mind was trying to trick him into hurting his friends. If he listened to and obeyed mortal mind, he would have to be disciplined. Of course, he didn't have to follow wrong suggestions, because God, the only Mind, was always with him, giving him right ideas.

During these trying years the school was most supportive, knowing that we, too, were working for a solution. His teachers tried many approaches in reasoning with the boy and always disciplined him with a sense of love. Finally the child's sixth-grade teacher recommended that a daily report card judging our son's social behavior be sent home to be signed by us and returned to the school the next day. By this time the boy was ready to take responsibility for his actions and began to expect a healing. Sometime during that school year the extremely aggressive behavior disappeared, and there was steady improvement from then on. Up to this time our son had seemed distant

and unlovable, but with this healing came a softening of his character (and ours!). This son is now responsive, lovable, and grateful for all the good shown to him.

In attaining these healings I have found great inspiration in the lives of the Master, Christ Jesus, and his faithful disciple, Mrs. Eddy.

(Mrs.) JUDYLYNN DANIELSON
La Cañada Flintridge, California



[Original in German]

I found Christian Science when I was a young widow with three children. I had a painful condition of gout. A relative asked if I believed God could help me, and I said yes. We then visited a Christian Science practitioner. She was filled with love, and there was a harmony I had never known. She talked to us about God's love. I believed in God, because I had been able to go through many difficult hours when I felt His nearness. But I did not know that God is Spirit.

The practitioner gave us a copy of *The Herald of Christian Science*, German Edition, and the textbook, *Science and Health* by Mrs. Eddy. Although I did not then understand the textbook, the *Herald* was a great light to me, and I enjoyed reading it. After three weeks I was permanently healed of the gout. This was a great proof to me of God's love and healing care.

I remarried, and several years later, after we had moved to another town, my husband and I regularly attended services in a Christian Science Society. We became active members.

For many years I had pain in my abdomen. I told no one. Denying the suggestion that medical treatment was needed to cure the condition, I mentally insisted that God is my only physician. I was certain that healing, through spiritual means alone, would come. I frequently pondered "the scientific statement of being" (*Science and Health*, p. 468). Mrs. Eddy's answer to the question "What is man?" was also helpful. She begins (*ibid.*, p. 475): "Man is not matter; he is not made up of brain, blood, bones, and other material elements. The Scriptures inform us

that man is made in the image and likeness of God. Matter is not that likeness. The likeness of Spirit cannot be so unlike Spirit."

One day I suddenly thought of these words (*Christian Science Hymnal*, No. 100): "He over thee His wings shall spread,/To cover thy unguarded head." Such a wave of love swept over me that I said, "Yes, Father, under Thy wings I want to stay." With that sweet feeling of release I was immediately healed—the pain completely gone. Christ Jesus said (John 8:32): "Ye shall know the truth, and the truth shall make you free." In great joy I thanked God with all my heart.

(Mrs.) MARIE WENGER
Zurich, Switzerland



I'm nine years old, and I would like to tell of a healing I had when I was skiing. I was on a chairlift with my brother Jason, and I started to cry because the wind and snow were blowing so hard that the chair was swinging back and forth. I had to cover my face and eyes too. The chairs stopped moving just before we reached the top. My brother said, "Don't cry. Grandpa is in front of us, and God is all around us."

So I stopped crying and my brother said, "Let's say the 'Daily Prayer' [see the *Manual of The Mother Church* by Mrs. Eddy, Art. VIII, Sect. 4] and 'the scientific statement of being' [see *Science and Health* by Mrs. Eddy, p. 468]." We did this. Then the chairs started to move again. When they stopped, the wind was blowing so hard that we could hardly get off the chair.

As I started to follow my grandpa down the hill I thought of "A Verse" by Mrs. Eddy ["Mother's New Year Gift to the Little Children," *Poems*, p. 69]:

Father-Mother God,
Loving me,—
Guard me when I sleep;
Guide my little feet
Up to Thee.

As I said it I used these words: "Guard me when I ski." I kept

on saying it all the way down the hill. Because I was listening to God, I was not afraid anymore. I am glad to go to the Christian Science Sunday School, where I learn about God and how He helps us when we need help.

One time I went to my mother's bed and I started to cry. She got up and asked me why I was crying, and I said, "I have an earache." Then she read to me, and it helped me a little bit. So I said, "Call a practitioner." She said, "We have one right around the corner, your grandpa." She called him and he came right over. It was about 1:30 in the morning.

Grandpa started to talk to me about God. I said to my mother, "Stay and listen so the next time you can help me." As Grandpa was reading to me I remembered what one of my Sunday School teachers had told me that there is not a spot where God is not. Soon I fell asleep. My mother went to sleep, and my grandpa stayed for a little while and prayed for me.

In the morning my mother joked and said, "You look like you had a fight with your pillow last night and lost," because my hair was so messed up. I said, "No, I had a fight with error last night, but I won!" I am grateful for this healing of an earache.

JAMIE McCASH
Sunnyvale, California

I would like to verify my granddaughter's testimony. I witnessed these healings of fear and pain with great gratitude and satisfaction, especially because the children themselves turned naturally to God for help.

My three grandchildren have not always had Christian Science to heal them. Their parents relied on material means for help. The children did not get along well with other children and often quarreled among themselves. If they got cuts or bruises, they were fearful and cried, and were also afraid of the dark.

When the children were small, I asked my daughter to consider letting me enroll them in a Christian Science Sunday School. She agreed to this. One day about a month after they had been attending Sunday School, my daughter picked them up from nursery school. The teacher said, "What did you do to

these children? They are so changed I can't believe it." They now get along well with themselves and others and don't make a big fuss over cuts and bruises. In the past four years they have had healings of many kinds.

Grandparents give their children many gifts, and I am no exception, but I know the greatest gift I have given them is Christian Science. When you see your loved ones embrace this religion and gain an understanding of God that is practical, you feel deeply thankful.

SAM COSTANZO



One morning a few years ago I woke up and found I couldn't walk without searing pain. My hip seemed locked. I began to treat myself as we are taught in Christian Science but decided to request help from a practitioner. She encouraged me with her undoubting reliance on Truth. One passage she referred me to in *Science and Health* by Mrs. Eddy reads (p. 283), "Mind is the source of all movement, and there is no inertia to retard or check its perpetual and harmonious action."

The healing did not take place quickly, but during this time I learned many valuable lessons. Despite much pain in walking, I did not let the difficulty interfere with important activities, especially at church, where I continued ushering. I am a very active person, so this was a hard time for me. I found comfort and inspiration in this statement (*Science and Health*, p. 514): "Mind's infinite ideas run and disport themselves. In humility they climb the heights of holiness."

Even though I live in a walk-up apartment, I refused to let this condition immobilize me. Hymn No. 136 in the *Christian Science Hymnal*, which includes the following words, kept me going: "I climb, with joy, the heights of Mind,/To soar o'er time and space." A loving relative who lives in my building insisted I should see a doctor and have X-rays taken, but I declined, for I was sure that Truth would adjust things perfectly, since God is my true physician.

One morning I felt my hip slip into place, and I was free. The

joy I felt is expressed in Isaiah 40:31: "They that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint." I am grateful for the practitioner who stood ready to help whenever I was in need. Mrs. Eddy has given us wonderful tools for the work that is in front of us, including our textbook, *Science and Health*, and the progressive step of Christian Science class instruction.

(Mrs.) ETTA FINE
Brooklyn, New York



During the economic depression of the early 1930's I was suddenly unemployed. Supported by the prayer of a Christian Science practitioner, I found it was an opportunity to gain an understanding of God's great love and care for His idea, man, and a clearer realization that, in truth, I am an idea of God. I felt a growing conviction that God's infinite plan governs all His children, including me. Mrs. Eddy tells us in *Science and Health* (p. 70), "The divine Mind maintains all identities, from a blade of grass to a star, as distinct and eternal."

The practitioner pointed out that I must not allow negative suggestions concerning the source of my supply and employment to grow in consciousness. Discord is powerless because God is the only source of being.

Within a short time I found a position that ultimately led to a career lasting throughout my business and professional life. A dependency on eyeglasses ended as a result of the spiritual understanding gained during this time.

How grateful I am for instruction in a Christian Science Sunday School as a teen-ager, which provided a firm spiritual foundation to build on.

Years later a banking institution where I was employed had a disastrous fire. As a senior executive I was in a position of major responsibility during the fire and readjustment that followed. Fear and confusion at the scene of the fire lessened noticeably as I affirmed God's presence. Other banks in the city were helpful

in many ways, enabling us to open for business only fifteen minutes later than usual, even though our premises were almost completely destroyed the night before. Equipment, supplies, and a vacant building were all made available.

What appeared to be nervous reaction resulting from a feeling of overwork and personal responsibility was healed with the help of a Christian Science practitioner. Through consecrated study of the Bible and *Science and Health*, habits of smoking and social drinking and many false character traits were also overcome. Mrs. Eddy tells us (*Science and Health*, p. 162), "The effect of this Science is to stir the human mind to a change of base, on which it may yield to the harmony of the divine Mind." I have found this true. The inspiring event of Christian Science class instruction followed these healings.

I am deeply grateful to Mrs. Eddy, who discovered and gave mankind a scientific, practical understanding of the Comforter promised by our Way-shower, Christ Jesus.

At one time I was invited to head a new banking institution. The conflicting interests of several groups trying to gain control of the new bank resulted in adverse publicity and considerable loss of deposits. Through prayer and the support of a practitioner, these problems were eliminated. They proved to be constructive opportunities rather than afflictions. The chairman of the bank's board and one of the directors, who were both aware that I was a Christian Scientist, said to me, "If it hadn't been for you and your religion, this institution would never have survived." I was thankful they recognized the power of prayer.

Growth and progress will always result when one realizes that divine law places and protects us, and illuminates our path every step of the way.

HAROLD H. STOUT
Wilmette, Illinois

THE CHRISTIAN SCIENCE TEXTBOOK

Science and Health with Key to the Scriptures by Mary Baker Eddy is the textbook of Christian Science. It is available in English, in English-Braille, and in Danish, Dutch, French, German, Greek, Indonesian, Italian, Japanese, Norwegian, Polish, Portuguese, Russian, Spanish, and Swedish. It may be obtained from any Christian Science Reading Room, or ordered directly from MISS FRANCES C. CARLSON, Publisher's Agent, One Norway Street, Boston, MA, U.S.A. 02115.

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The Mother Church

The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, is located near the corner of Massachusetts and Huntington Avenues.

The Church edifice is open to visitors Mondays through Saturdays from 10 a.m. until 4:15 p.m., and Sundays from 12 noon until 4:15 p.m.

SERVICES

Sunday morning at 10:45, Sunday evening at 7:30 (evening service omitted during July and August), and Wednesday evening testimony meeting at 7:30.

Sunday services in Spanish are held in the Original Edifice at 9:30 a.m., and a testimony meeting in Spanish the first Wednesday of each month at 6 p.m.

A supervised Children's Room is provided during all Sunday church services and the Wednesday evening testimony meetings.

Sunday School for pupils up to the age of twenty at 10:45.

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194 Massachusetts Avenue (corner of Clearway Street). Open Mondays through Fridays 7:15 a.m. to 9 p.m., Wednesdays until 7 p.m., Saturdays from 8 a.m. to 5 p.m. Closed Sundays and holidays.

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8 Milk Street (near Washington Street). *Jointly maintained with branch churches in the Greater Boston area.* Open Mondays through Fridays from 8 a.m. to 4:15 p.m., Saturdays from 9 a.m. to 4 p.m. Closed Sundays and holidays.

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